

## TRAILS OF RINGWOOD STATE PARK

There are 18 official trails within the park, totaling nearly 40 miles. Many trails begin near Ringwood Manor, Skylands Manor, or Shepherd Lake, and extend into the park.

Each area has short trails that allow for exploration of these attractions, and longer trails that explore the surrounding area. Trails are well marked with colored blazes.

### Cannonball Trail

*Red • 0.6 miles (in Ringwood) • Multi-use  
Moderate • Connects to Ramapo Mountain State Forest*  
**Trailhead** Shore Trail on south side of Bear Swamp Lake. **Cannonball Trail** travels south from Bear Swamp Lake and continues into Ramapo Mountain State Forest.

### Cooper Union Trail

*Yellow • 4.7 miles • Multi-use  
Moderate • Leads to scenic view of Wanaque Reservoir*  
**Trailhead** Sloatsburg Road on north side of the park. **Cooper Union Trail** is a lollipop loop trail that begins approximately 0.5 miles north of Ringwood Manor on Sloatsburg Road. The trail heads south through forested hillsides. Near its southern end, the trail diverges to the left and right to make a loop. At the end of the loop, there is a scenic view of Wanaque Reservoir.

### Crossover Trail

*White • 7 miles • Multi-use  
Moderate • Trail across park*  
**Trailhead** Parking area near Carriage Barn. **Crossover Trail** heads southeast across the park and ends at Cannonball Trail. Along the way, the trail passes by Skylands Manor and provides access to many other trails within the park. A short reroute of Crossover Trail north of Skylands Manor is under construction.

### Cupsaw Brook Trail

*Light blue • 1.4 miles • Multi-use  
Moderate • Rocky trail follows creek drainage*  
**Trailhead** Cooper Union Trail. **Cupsaw Brook Trail** follows a small drainage downhill towards Cupsaw Lake. The trail heads east along the hillside

### Rocky Mountain Connector

*Red & silver • 0.65 miles (in Ringwood) • Multi-use  
Easy • Access to Bear Swamp Lake*  
**Trailhead** Shore Trail. **Rocky Mountain Connector** connects Shore Trail along the east side of Bear Swamp Lake to Ramapo Valley County Reservation.

### Shepherd Lake Trail

*Orange • 1.2 miles • Multi-use  
Easy • Loop on hillsides south of lake*  
**Trailhead** Ringwood-Ramapo Trail on south side of Shepherd Lake. **Shepherd Lake Trail** follows a wide gravel road along the lake edge, then turns uphill into the forest and returns along a woods road higher up on the hillside.

### Shore Trail

*Blue • 1.8 miles • Multi-use  
Easy • Loop around Bear Swamp Lake*  
**Trailhead** Various points from trails near Bear Swamp Lake. **Shore Trail** follows along the edge of Bear Swamp Lake. Three trails provide access to Shore Trail: Hoeflerlin (from north side), Cannonball (from south) and Rocky Mountain Connector (from east). The trail makes a complete loop around the lake.

### Skylands Trail

*Blue • 0.8 miles • Multi-use  
Moderate • Short trail along hillside*  
**Trailhead** Mountain Bike Trail (north end) or Ringwood-Ramapo Trail (south end). **Skylands Trail** is a short trail that runs north-south along the broad ridgeline of Mount Defiance. The trail is mostly single-track as it winds among rock outcroppings scattered along the hillside.

### State Line Trail

*Orange • 0.6 miles • Multi-use  
Moderate • Short trail leads into New York*  
**Trailhead** Ringwood-Ramapo Trail. **State Line Trail** heads north along Sloatsburg Road. At the north end of the park the trail intersects with Cooper Union Trail and crosses into New York state.

on single-track and then descends into a ravine. As the trail continues, it follows the creek drainage and joins Ringwood-Ramapo Trail for a short distance. Cupsaw Brook Trail ends when it meets Cooper Union Trail again.

### Five Ponds Trail

*Pink • 4.8 miles • Multi-use  
Easy to Moderate • Long loop trail through Skylands area*  
**Trailhead** Skylands Parking Lot C. **Five Ponds Trail** follows mostly woods roads on a circuit of five of the Skylands area's ponds - Gatun, Brushwood, Weyble, Glasmere and Swan Pond.

### Halifax Trail

*Green • 0.4 miles (in Ringwood) • Hiking  
Moderate • East-west trail across park*  
**Trailhead** Five Ponds Trail east of Glasmere Ponds. **Halifax Trail** is a hiking-only trail that crosses Ringwood in an east-west direction. The trail begins on single-track and ascends switchbacks to gain a ridgeline. As it continues east, Halifax Trail crosses numerous other trails and leads into Ramapo Valley County Reservation.

### Hasenclever Iron Trail

*Yellow • 1.6 miles (in Ringwood) • Multi-use  
Easy • Cross country woods road explores history of iron works*  
**Trailhead** Ringwood Manor. **Hasenclever Iron Trail** follows an old woods road that connected the ironworking operations at Long Pond Ironworks State Park and Ringwood State Park. There are interpretive signs and waypoints along the trail that describe the history of iron work in the area.

### Hewitt Connector Trail

*White • 1 mile • Multi-use  
Easy • Short loop trail*  
**Trailhead** Ringwood Manor parking lot past playground area. **Hewitt Connector Trail** links the parking lot with the north end of Manor Trail. The trail follows single-track and then widens to double-track as it meets with Manor Trail.

Explore Trail Tracker  
The Interactive Trails  
Map of NJ State Parks



spstrailtracker.nj.gov

### Hoeflerlin Memorial Trail

*Yellow • 2.4 miles (in Ringwood) • Multi-use  
Moderate • Connects to Ramapo Mountain State Forest*  
**Trailhead** Numerous access points throughout the park. **Hoeflerlin Memorial Trail** is a long trail connecting to Ramapo Mountain State Forest. The trail ascends from Bear Swamp Lake, reaches a ridgeline and turns south. Hoeflerlin Memorial Trail continues south along a primary ridgeline between the Wanaque Reservoir (to the west) and Ramapo River (to the east).

### Manor Trail

*Blue • 2.8 miles • Multi-use  
Easy • Short loop trail above Ringwood Manor*  
**Trailhead** Ringwood Manor. **Manor Trail** follows a mix of gravel road and single-track path past Sally's Pond and a colonial-era cemetery then loops through the forested hillside above Ringwood Manor.

### Mountain Bike Trail

*Brown & silver • 4.7 miles (in Ringwood) • Multi-use  
Moderate • Loop trail on forest roads across varied terrain*  
**Trailhead** Ringwood - Ramapo Trail. **Mountain Bike Trail** is a long loop trail on a network of woods roads through the hilly landscape of Ramapo Mountain. The trail passes many small ponds as it makes its loop to return to Shepherd Lake.

### Pierson Ridge Trail

*Blue • 1 mile • Multi-use  
Easy • Scenic forest road along ridgeline*  
**Trailhead** Halifax Trail (north end) or Ringwood - Ramapo Trail (south end). **Pierson Ridge Trail** follows a wide and flat woods road along a ridgeline until it intersects with Crossover Trail.

### Ringwood - Ramapo Trail

*Red • 5.1 miles (in Ringwood) • Multi-use  
Moderate • Long trail to Ramapo Mountain State Forest*  
**Trailhead** Parking area near Ringwood Carriage Barn. **Ringwood-Ramapo Trail** leads from the northern section of Ringwood State Park towards the east, then south into Ramapo Mountain State Forest. The trail follows a mix of single-track path and forest roads.

## TRAIL SENSE AND SAFETY

**Trail Markings:** Official trails are marked by colored blazes on posts and trees. For your safety and habitat protection, please stay on the trails and do not alter trail markings or create new trails.

**Preparations:** Consider bringing water, snacks, sunscreen, insect repellent, and a hat. Dress for the weather. Tell someone where you plan to go and when you expect to return.

**Hunting:** Sections are open to hunting. Bright orange clothing is recommended during hunting season.


**Pets:** Pets must always be on a leash no longer than six feet in length and under the control of the owner at all times. Please clean up after your pets.



**Keep It Clean and Green:** Bring a bag or two and carry your trash out with you. Trash cans are not provided. Don't forget to recycle!

**Bikers:** Follow the IMBA "Rules of the Trail" guidelines for trail etiquette and yield appropriately. Helmets are required by law for children under 17 and recommended for all riders.

**Bear Aware:** Black bears are found throughout New Jersey. Do not approach or attract bears by making food available. Feeding bears is dangerous and illegal. Never run from a bear! To report an aggressive bear, call 1-877-WARN-DEP (1-877-927-6337) immediately. Please report any damage or nuisance behavior to the park office. Visit the New Jersey Division of Fish and Wildlife at [www.njfishandwildlife.com](http://www.njfishandwildlife.com) for additional information on bear safety.

**Emergency Numbers**  
1-877-WARN-DEP (1-877-927-6337) or 911

 RINGWOOD STATE PARK  
1304 Sloatsburg Road  
Ringwood, NJ 07456  
973-962-2240

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# TRAILS of Ringwood State Park



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State of New Jersey  
Department of Environmental Protection  
Division of Parks and Forestry  
State Park Service

# RINGWOOD State Park



**Ringwood Manor Historic District**

**Shepherd Lake Day Use Area**

**Skylands Manor Historic District**

**Trail Blaze Symbols**

|             |           |            |
|-------------|-----------|------------|
|             |           |            |
| Straight    | Turn Left | Turn Right |
|             |           |            |
| Trail Start | Trail End | Trail Spur |



- |                     |                                 |                                    |                |                         |
|---------------------|---------------------------------|------------------------------------|----------------|-------------------------|
| Open Field or Grass | Cannonball Trail (0.6 mi)       | Hoeflerlin Memorial Trail (2.5 mi) | Canoeing       | Playground              |
| Forest              | Cooper Union Trail (4.7 mi)     | Manor Trail (2.8 mi)               | Canoe Rental   | Restrooms               |
| Developed Area      | Crossover Trail (7 mi)          | Mountain Bike Trail (6.2 mi)       | Concession     | Scenic View             |
| Water               | Crossover Spur Trail (0.2 mi)   | Pierson Ridge Trail (1 mi)         | Drinking Water | Shower                  |
| Wetland             | Cupsaw Brook Trail (1.4 mi)     | Ringwood-Ramapo Trail (5.1 mi)     | Fishing        | Swimming                |
|                     | Five Ponds Trail (4.8 mi)       | Rocky Mountain Connector (0.7 mi)  | Garden         | Tours                   |
|                     | Five Ponds Connector (0.7 mi)   | Shepherd Lake Trail (1.2 mi)       | Parking Lot    | Visitor Center          |
|                     | Halifax Trail (0.4 mi)          | Shore Trail (1.8 mi)               | Park Office    | Visitor Contact Station |
|                     | Hasenclever Iron Trail (1.6 mi) | Skylands Trail (0.8 mi)            | Picnic Area    |                         |
|                     | Hewitt Connector (1 mi)         | State Line Trail (0.6 mi)          |                |                         |